THE MEMORIAL MEMO



THE TORCH HELD HIGH



This Issue:

- Principal's Message P.1
- General Information P.2-4
 - Key Dates / Bell Schedule
 - School Fees / Powerschool
 - School Council / Green & Gold
 - Torch Time
- Coming Up/Good To Know P.5-6
 - Online Registration
 - Grad Events
- MCHS First Time Parents Night and Open House P.7
- Graduation P.8
- Counsellor's Corner P.9
- MCHS Drama Legally Blonde P.10
- Unified Sports Bocce Tourn. P.11
- MCHS Athletics P.12
- MCHS Bike-a-Thon P.13
- MCHS Business P.13
- MCHS Art P.14-15
- MCHS German Info & Exchange
 Opportunity P.16
- Indigenous Resources P.17
- Community Resources P.18

See more about the Unified Sports Special Olympics on Page 11

PRINCIPAL'S MESSAGE

Welcome to Semester Two!

I've always liked the semester system in high school. Half way through the year things change up, new routines are established, and there is a fresh start. I hope your kids have settled into their new classes and are ready for the next challenge.

It was a busy weekend here with the final performance of Legally Blonde, which was a great show by Mr. Tokarsky's Torchlight Players. The junior basketball tournament was on Friday and Saturday. This is typical of semester two, there are lots of events to keep your kids engaged. A new event this year is the Alumni Basketball Game on February 17th, organized by Miss McGonigal. Planning for the Bikeathon on March 17th, is underway. I've heard rumbling that A Taste of Memorial might be back. MCHS is hosting the Metro Unified Games on May 30th. There's lots to do! Encourage your kids to get involved.

Another thing about semester two is that it can seem really broken up. There are PD days, long weekends, Spring Break and Easter Break. This might mean your student will need assistance with time management. Please check in regularly to help your kids stay on track. As mentioned in the semester change email, teachers will be holding tight to their due dates and deadline process.

Enjoy the daylight that is emerging as we head toward spring!

Sincerely, Ms. Jensen, Principal

MCHS General Information

JANUARY HAPPENINGS

09 - Return from Christmas Break

09 - Newsletter Goes Out

09 - G & G Executive Meeting - 6:30pm

10- Peru Trip Meeting 5:30pm

12 - English Diploma - Part A

12-13 Sr. Basketball Tournament

13 - Social Diploma - Part A

16 - Personal Fitness Field Trip - Fitset Ninja

18 - Last Day of Classes

19 - Math Diploma

19-27 School Exams

20 - English Diploma - Part B

23 - Social Diploma - Part B

23-27 - Grad Photos

23 - School Council - 7:00pm

24 - Biology Diploma

25 - Chemistry Diploma

26 - Physics Diploma

27 - Science 30 Diploma

30 - PD Day - No Classes

31 - High School Turnaround Day - No classes

BELL SCHEDULE

Mondays:

Block 1 8:30 - 9:55 am

Block 2 10:00 - 11:25 am

Lunch 11:25 - 12:25 pm

Block 3 12:25 - 1:50 pm

Block 4 1:55 - 3:20 pm

Tuesdays-Fridays:

Block 1 8:30 - 9:45 am

Block 2 9:50 - 11:05 am

Lunch 11:05 - 12:05 pm

Block 3 12:05 - 1:20 pm

Block 4 1:25 - 2:40 pm

Torch Time 2:45 - 3:20 pm

FEBRUARY KEY DATES

01- Semester 2 First Day of Classes

01-04 Legally Blonde Drama Production

03-04 Jr. Basketball Tournament

03-05 - Robotics Field Trip to Calgary for Mecha

Mayhem VEX Competition

06 - Green & Gold Executive Meeting - 6:30

09-10 - Teachers' Convention

11 - Cross Country Skiing - Birkebeiner Ski Race,

Edmonton

13 - 2022-23 Registration Opens

14 - Valentine's Day

14 - Grad Fundraiser - Taco Tuesday

14 - Student Leadership - Valentines Pop Contest -

Common Area at Lunch

16 - Music Parents Meeting 7pm

16 - Entrepreneurship Field Trip to NAIT - Innovation

Challenge

17 - PD Day - No Classes

17 - MCHS Basketball Alumni Game - 4:30-10pm

20 - Family Day

22 - Pink Shirt Day

24 - Anime Movie Night 4-9:30pm

27 - School Council - 7:00

28-03 - Grad Photo Retakes

28 - First Time High School Parents Meeting - 6-7 pm

Large Gym

MCHS GRADE ADMINISTRATOR & COUNSELLOR TEAMS

GRADE 10 - MS. FISK / MS. MAZEREEUW

GRADE 11 - MS. JEWELL / MRS. NUIJENS

GRADE 12 - MR. COGHILL / MS. COX

Follow us on social media:









MCHS General Information

PowerSchool



This is our parents' primary way to check in on their child's marks/assignments, update contact information, and pay fees.

Sign into your account here. For a tutorial on how to use PowerSchool, please visit our websites "For Parents" tab. Please contact Mrs. Campbell at the office if you need assistance accessing your account.

Reporting an Absence?

Please email mchs.absence@psd.ca or call 780-963-2255 and dial 1 anytime to leave a message. Please leave your child's full name, grade, and reason for the absence.

Reaching Your Child At School

Cell phones can be a distraction and a disruption to classroom learning. Our teachers and your kids have worked hard together to come up with routines so that cellphones are not disrupting class. Here are some things for parents to know about communicating with their kids while they are at school.

During class time, your child has most likely turned off the phone and put it in a pouch on the classroom wall. They may not be able to respond immediately.

You can contact your child during their designated lunch hour:

Mondays: 11:25 - 12:25 Tues-Fri: 11:05 - 12:05

We appreciate your support in reaching your child directly to minimize disruption to classroom instruction. Of course, we are happy to assist in an emergency.

School Fees

Please note that school fees are not visible on the PowerSchool App. Access to all information is only available through the <u>PowerSchool</u> <u>website</u>.

Payment Options:

- PowerSchool Fees can only be seen through the parent portal using a browser.
 Fees can't be seen through the phone app.
- Cheque Payable to Parkland School
 Division and may be dropped off or mailed directly to the school.
- Debit or credit Is available at the high school or Parkland School Division.

If you have any questions, please contact Ms.
Miller at the Finance Office.

School Culture	\$10
COURSE MATERIAL FEES	
Art 10	\$70
Art 20/30	\$80
ART 35	\$70
Communication Technology	\$44
Construction	\$75
Cosmetology 10 (5 credits)	\$32
Cosmetology20/30(10 credits)	\$65
Fabrication	\$80
Food Studies	\$60
LAWS	\$75
Mechanics	\$80
Outdoor Ed	\$70
Personal Fitness	\$40
Phys Ed 10 (5 credits)	\$80
Phys Ed 20	\$80
Phys Ed 30	\$80
Sports Medicine 15/25	\$60
Sports Medicine 35	\$65
Wellness 10	\$55

This table provides information on the school fees that will be charged for the 2022-2023 school year. Invoices for fees were sent in September and are due upon receipt.

MCHS General Information

School Council

Next Meeting: February 27, 2023 7-8:30 pm MCHS Conference Room All MCHS Parents Welcome!

Green & Gold
Athletics

Next Green & Gold Executive Meetings:
February 6, 2023 <u>Gmeet Link</u>
March 6, 2023 <u>Gmeet Link</u>
MCHS Conference Room or Google Meet

Green & Gold Website

Parkland School Division

PSD News

<u>Click here to see the latest **Stronger Together** Newsletter from Parkland School Division - **Latest issue - Emotional Regulation**</u>

Click here to see the latest **Strong Families** Information Session from Parkland School Division & Alberta Parenting for the Future Association - check PSD News for the most up-to-date sessions.

TORCH TIME

IMPORTANT REMINDERS:

- Monday Torch Time is integrated into class time and therefore, Mondays will run on a full day bell schedule with dismissal continuing to be at 3:20 pm. This changes lunch time on Mondays to 11:25 am - 12:25 pm.
- Tuesdays to Fridays will continue to have Torch Time scheduled from 2:45 3:20 pm and lunch will run from 11:05 am 12:05 pm.
- Students and the school are still accountable for the whereabouts of students until the end of the full school day. All students need to be signed up for a Torch Session every Tuesday to Friday through PowerSchool.
- Parents and teachers can also sign up a student for a Torch Session. Students cannot unenroll from those sessions. There is a video below explaining to parents how they can sign their child up for a session.
- If a student is in good standing (meeting the expectations of their teachers, parents, and themselves) and have all of their
 assignments submitted to a passing level, they may use that time for a personal interest Torch Session (Open Gym, Fitness
 Training, etc.) or sign up to be Off Campus With Parent Approval. Students are also encouraged to sign up for academic
 sessions if they wish to improve their marks.

<u>Video - How to sign up for Torch Time using a phone</u> Video - How to sign up for Torch Time on PowerSchool Website

Coming Up!

You are invited to Taco Tuesday - February 14th!

The funds raised will support the Class of 2023 Celebration!

Join us @ lunch in the Common Area

Bring your appetites, your sweetheart and your friends to enjoy:

- Taco in a bag: \$5
- Pop: \$2
- Valentine candy bags: \$4

A few of your 2023 graduates will be serving you so come by and say hi-

See you there!

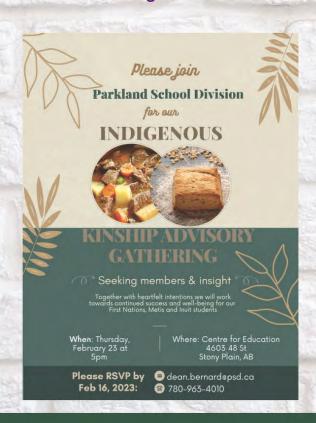


Good To Know!



BIKE-A-THON

The Memorial Composite High School Rotary Interact students will be hosting their annual Bike-A-Thon on Friday, March 17, 2023. More information can be found on Page 13





MCHS Alumni Basketball Game Friday, February 17th, 2023

Women's Game 5:00 PM

Play, watch, or just reminisce about the glory days.

Men's Game 7:00 PM

Contact brittany.mcgonigal@psd.ca if you have any questions!



At the Heritage Pavilion in Stony Plain

- Doors Open at 7pm
- Close at 2am
- Appetizers & Finger Foods
- Graduate and Plus One (Not a family event)
- DJ, Dance, & Photo Booth
- Refreshments
- Sign in and Sign out
- No one in attendance is permitted to drive



Memorial Parent Grad. Co



Watch for ticket sales in the New Year!

Coming Up!



Good To Know!







Gradwear/Spiritwear - Order Here



2023-2034 REGISTRATION OPENS FEBRARY 13, 2023

All Pre-Kindergarten to Grade 12 registrations for both new and returning students will be conducted online for the 2023-2024 school year.

Please mark your calendars with the important deadlines noted below:

- Friday, March 24, 2023 at 4:30pm Registration deadline. For further information, visit our Registration page.
- Friday, June 23, 2023 Bus pass deadline to make payment arrangements or pay-in-full.

For all the information you need to register your child(ren) for school and transportation please follow this link:

2023-2034 Registration/Verification

Important note: The 2022-2023 New Student Registration form is still open and accepting registrations for the current school year. The 2022-2023 form cannot be used to register for 2023-2024. When registering, please make sure to select the correct school year in the drop down menu for the field 'Select School Year'.



In connection with registration, please find information regarding the MCHS First Time Parents' Night and Open House on the following page.



First Time Parents Night & Open House

To support Grade 9 students and their families in the transition to high school, we are preparing to host our annual open house events--and we're excited to be able to welcome everyone in-person this year! Grade 9 students from across the Tri-Municipal Area can expect a jam-packed information session covering all aspects of the upcoming school year.

Ahead of these events, counsellors will visit feeder schools in the area to provide students with more information.

First-Time Parent Information Night

Date: Tuesday, February 28

Time: 6-7pm

Location: Memorial Composite High School - Large Gym (50 Westerra Centre, Stony Plain) This event is designed for parents/guardians seeing their first child move into high school. The evening will give parents the opportunity to become familiar with the school and to meet members of the administration as well as counsellors. We'll provide an overview of the registration and course selection process for parents. Students are not to attend this evening; it is for parents/ guardians only.

Grade 9 Open House

Date: Thursday, March 2

Time: 5-8pm

Location: Memorial Composite High School (50 Westerra Centre, Stony Plain)

After a brief introductory presentation in the large gym, students and parents/guardians are invited to tour the entire school and visit both core and options classrooms. All labs and options will be in full operation, so participants will have a great chance to preview the unique aspects of each available course. Bring your questions and your enthusiasm, and you'll leave much more confident about your/your child's transition into high school.



mchs.psd.ca



Grad 2023 Friday, June 30, 2:00 pm Edmonton Convention Centre

Graduation Fees

The Grad Fee is due for all students wanting to participate in the Ceremony or who want to have graduation photos taken by Lifetouch.Payment can be made on-line through the PowerSchool Parent Portal or by cheque, debit, cash or credit card at Memorial's Finance office. Grad Fee Form

IMPORTANT NOTE: The Grad fee form is used to track all students who wish to participate in the Graduation Ceremony. Reminder to hand in your Grad Fee form to Mrs. Sorenson in Student Services or via email <a href="weight:wei

Graduation Photos

Graduation photo re-takes, Feb 28 - March 3, 2023 held at MCHS.

Grad portrait bookings open at 9:00 am on February 10, 2023 with the on-line scheduling system <u>Lifetouch Appointment Plus</u>. Grad fees must be paid prior to booking or the appointment will be cancelled.

<u>Proofs from the first photo session must be handed in at the time of re-takes or a fee of \$25.00 for the second set will be imposed by Lifetouch.</u> First time portrait sessions can also be booked during the re-take session.

Jostens

Jostens representatives will be in the Common Area on Feb 14 & 15 from 10:30 – 12:30 pm to assist students with an order or to answer questions. On display will be graduation jewelry, varsity jackets, and a wide variety of graduation keepsakes.

At the ceremony, graduating students will proceed across the stage in their chosen ceremony attire. Families who wish to have their child wear a graduation style gown are responsible for obtaining their own.

Black keepsake gowns are available for purchase through Jostens. Orders must be received by Friday, February 17, 2023. <u>Grad Gown Ordering Information</u>

Graduation Tickets

Ceremony ticket sales will run from June 1 starting at 9:00 am until June 22, 2023. The individual ticket price and number of ticket available per student has not yet been determined. Graduates will not require a ticket.

Graduation Requirements

Students are responsible for ensuring they meet the Alberta High School Diploma/KAE Certificate requirements to graduate and must be on the Final Grad List (posted May 31 in the Grad display case and the Grade 12 google classroom) to participate in the Graduation Ceremony. Any student concerned about their eligibility to graduate must see Mr. Coghill (Grade 12 Administrator) or Ms. Cox (Grade 12 Counsellor).

As we continue to plan for our Graduation event, please check <u>Memorial's website</u> often for updates and watch for messages in your inbox from the school.

Parent Graduation Committee

Please see Page 5 for Graduation Events coming up!

The Memorial Parent Graduation Committee is a volunteer group that is hosting an event following the graduation ceremony. For further information please send an email to memorial grad committee@gmail.com.

COUNSELLORS'

CORNER

Welcome back to fresh beginnings for semester 2! We hope that you have a successful second semester and enjoy your new classes. Make the most out of it!

February is Random Acts Of Kindness Month - how can you show kindness to the people around you, today and everyday?

Pink Shirt Day is Wednesday, February 22. Wear pink and show that you stand against bullying!! Bullying is a problem everywhere - in school, the workplace, at home and online. Over the month of February, we would like to raise awareness of these issues and support programs that foster healthy self-esteem. Stay tuned for more events in May as we celebrate Mental Health Week.

Counsellors will be visiting middle years schools to help prepare grade 9's transitioning to high school. First time high school parent information night is Feb 28, 2023. Open House for New Grade 10 students and their parents will be held on March 2, 2023, please see the website for further information. Pass this information on to any families of grade 9 students that you know. Registration opens across PSD on Feb 13, 2023. Registration must be complete before course selection can be finalized!

If you need assistance with post-secondary options, career ideas, scholarships and/or personal matters please do not hesitate to make an appointment with Student Services.

Congratulations to the Bearhead Sisters who have been nominated for a Juno Award



2023 JUNO Award Nominees

TRADITIONAL INDIGENOUS ARTIST OR GROUP OF THE YEAR TRADITIONNEL DE L'ANNÉE

kâkîsimo bPrJº Cikwes Nehiyaw Soul*Bigstone Cree Nation

Katajjausiit Iva & Angu Independent

Mikwanak Kamôsakinat Joel Wood Independent

Ôskimacîtahowin: A New Beginning Northern Cree Independent

Unbreakable The Bearhead Sisters Independent



MCHS Drama



Feb. 1-4, 2023

MCHS Drama's production of "Legally Blonde" has been a huge success, selling out so quickly that a matinee performance was added.



















Unified Sports Special Olympics Bocce Tournament January 10, 2023

The Bocce tournament was an opportunity for students from all over the Edmonton region to come together as Athletes and partners to have some friendly competition.











On May 30, 2023 Memorial Composite High School is proud to be hosting the Metro Athletics Unified Jamboree. More to Come!







Badminton:

Anyone interested in wanting to make the badminton team will need to come changed and ready to play on:

Monday, Feb. 6: 3:30-5:30 pm (Large Gym) Wednesday, Feb. 8: 3:30-5:30 pm (Small Gym) Tuesday, Feb. 14: 3:30-5:30 pm (Large Gym)

See Mrs. Richardson or Mr. Greer if you need more information

Rugby 7's Women starting up
Women's rugby 7 will be starting on Monday, February 6th & Wednesday,
February 8th from 3:45- 5:30 pm.

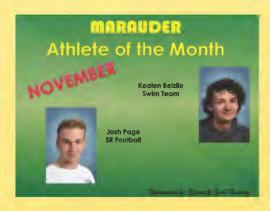
No experience is necessary! Bring workout clothes and indoor shoes.

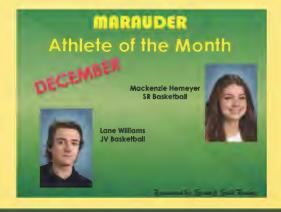
If you are at all interested please come out and give it a try and get more information.

See Mr. Drolet if you need more information











MAR 17 MCHS BIKE-A-THON





The Memorial Composite High School Rotary Interact students will be hosting their annual Bike-A-Thon on Friday, March 17, 2023. The event is organized to provide Memorial students, staff, and others from the community, including the Stony Plain Rotary Club and dignitaries from the Town of Stony Plain, with the opportunity to participate in an all-day event that will provide awareness and raise funds for various International or Local Projects.

This year the Interact students from Memorial Composite High School have chosen to partner with the Alberta Cancer Foundation. Many people have been impacted by cancer in one way or another and our leadership students are providing an avenue for the school and community to support cancer research, as well as, enhance earlier detection and improve cancer treatment methods. Please check the school announcements for updates or speak with Ms. McGonigal and/or Mrs. Thomas for more information.



Eight students from the business competition club have registered for the NAIT Innovation Challenge. Team one is made up of Ryan Burton, Jaleesa Anderson, Gabriel Parent, and Hunter Hollands. Team two is made up of Barrett Ellert, Jakob Whiffen, Elijah Wilfert, and Jaden Van Dasselaar. The Innovation Challenge is an extracurricular project that sparks entrepreneurial thinking by challenging students to innovate a product, concept or service and address/scan the social, economic, and environmental issues at hand. It will run February 11-16. The students will be competing for cash prizes.

> 1st: \$1000 2nd \$750 3rd \$400

Two teams of four from the Business Competition Club will be participating in the SAIT Case Clash on March 20th. In this competition, high school students will have the opportunity to develop their teamwork skills, financial literacy, and awareness on a possible career path in business. Teams of 4 students will have a week to develop a meaningful solution to a business case topic that will be revealed on the orientation day. Cash prizes for this event are awarded for first, second and third place.

> 1st: \$700 2nd \$500 3rd \$300

MCHSART

















MCHSART























Memorial German

Past Events:

MCHS German Pretzel Day, courtesy of the Stony Plain Pretzel Shack

Upcoming Events:

Possible food-based field trip - Stay tuned!

In the German classroom:

German 30-3y students are currently discussing romanticism, art, music, and travel as they learn about the past tense. Students will soon move on to learning more about German-speaking countries such as Austria and Switzerland as they continue developing their German language skills.

General Information

Alberta Education is currently accepting applications for students to participate in the Alberta/Hessen exchange. This is for any Grade 10 or 11 students who have already successfully passed German 10. Students should see Herr Goulet, the German teacher, if they are interested.



For more information, visit

https://open.alberta.ca/publications/germany-in-person-student-exchange-program

Deutsch lernen macht Spass!

Indigenous Community Resources



Check out the Metis Nation of Alberta
Website



First Nations Health Connections



The Indigenous Sport Council of Alberta (ISCA) is a non-profit provincial multi-sport organization representing all First Nations, Métis, Inuit and non-Status First Nations peoples in Alberta. The ISCA prides itself in promoting sport, physical activity, recreation and leadership opportunities built on the foundation of culture and traditions of Indigenous peoples in Alberta.

Sign up for the ISCA Newsletter <u>here</u>



https://www.ncsa.ca/

Community Resources

Stony Plain Public Library

Stony Plain Youth Centre

<u>The Town of Stony Plain Community & Social Development Programs</u> including:

- Webinars
- Neighbourhood Connect
- Grief Support
- Support Groups (Living with Loss to Suicide, BILY Because I Love You, Caring Friends Bereavement Group)

AHS Caregiver Information for the Edmonton Zone - contains the Caregiver Education Team Newsletter

<u>The Green Book</u> - community resource directory for the City of Spruce Grove, Town of Stony Plain and Parkland County

Alberta Heath Services

- Find a doctor
- Find programs and services
- Find information and news about a range of health topics
- Stay informed about what is happening in your community

We hope you enjoyed our newsletter.

